


MAY 2019

Aqualine: 403-223-4322

www.taber.ca

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Fitness 6-8:45, 12-1 Senior 2:30-3:30 Adult 'n' Tot 6:10-7 Deep H ₂ O Aqua Fit 6:10-7 Open 7-8:30 Adult 8:30-9:30	2 Fitness 6-8:45, 12-1, 6-7 Adult 'n' Tot 9-1, 6-7 AQ 10-10:50, 8:40-9:30 Senior 11-12 L.I AQ 2:30-3:30 AQ for Arthritis 5-6 Open 7-8:30	3 Fitness 6-8:45, 12-1, 6-7 Adult 'n' Tot 11-1, 6-7 Senior 11-12 Open 2-4:15, 7-9	4 Bootcamp 7-7:50 Adult 'n' Tot 11-1 Aqua Fit 11-11:50 Fitness 12-1 Open 1-5:45
5 Open 1-5:45	6 Fitness 6-8:45, 12-1 Senior 2:30-3:30 AQ for Arthritis 5-6 Adult'n'Tot 6:10-7 Aqua Fit 6:10-7 Open 7-8:30 Bootcamp 8:40-9:30	7 Fitness 6-8:45, 12-1, 6-7 Adult 'n' Tot 9-1, 6-7 AQ 10-10:50 Senior 11-12 L.I. AQ 2:30-3:30 Open Swim 7-8:30 Zumba 8:40-9:30	8 Fitness 6-8:45, 12-1 Senior 2:30-3:30 Adult 'n' Tot 6:10-7 Deep H ₂ O Aqua Fit 6:10-7 Open 7-8:30 Adult 8:30-9:30	9 Fitness 6-8:45, 12-1, 6-7 Adult 'n' Tot 9-1, 6-7 AQ 10-10:50, 8:40-9:30 Senior 11-12 L.I AQ 2:30-3:30 AQ for Arthritis 5-6 Open 7-8:30	10 Fitness 6-8:45, 12-1, 6-7 Adult 'n' Tot 11-1, 6-7 Senior 11-12 Open 2-4:15, 7-9	11 Bootcamp 7-7:50 Adult 'n' Tot 11-1 Aqua Fit 11-11:50 Fitness 12-1 Open 1-5:45
12 Open 1-5:45	13 Fitness 6-8:45, 12-1 Senior 2:30-3:30 AQ for Arthritis 5-6 Adult'n'Tot 6:10-7 Aqua Fit 6:10-7 Open 7-8:30 Bootcamp 8:40-9:30	14 Fitness 6-8:45, 12-1, 6-7 Adult 'n' Tot 9-1, 6-7 AQ 10-10:50 Senior 11-12 L.I. AQ 2:30-3:30 Open Swim 7-8:30 Zumba 8:40-9:30	15 Fitness 6-8:45, 12-1 Senior 2:30-3:30 Adult 'n' Tot 6:10-7 Deep H ₂ O Aqua fit 6:10-7 Open 7-8:30 Adult 8:30-9:30	16 Fitness 6-8:45, 12-1, 6-7 Adult 'n' Tot 9-1, 6-7 AQ 10-10:50, 8:40-9:30 Senior 11-12 L.I AQ 2:30-3:30 AQ for Arthritis 5-6 Open 7-8:30	17 Fitness 6-8:45, 12-1, 6-7 Adult 'n' Tot 11-1, 6-7 Senior 11-12 Open 2-4:15, 7-9	18 Bootcamp 7-7:50 Adult 'n' Tot 11-1 Aqua Fit 11-11:50 Fitness 12-1 Open 1-5:45
19 Open 1-5:45	Open 1-5:45	21 Fitness 6-8:45, 12-1, 6-7 Adult 'n' Tot 9-1, 6-7 AQ 10-10:50 Senior 11-12 L.I. AQ 2:30-3:30 Open Swim 7-8:30 Zumba 8:40-9:30	22 Fitness 6-8:45, 12-1 Senior 2:30-3:30 Adult 'n' Tot 6:10-7 Deep H ₂ O Aqua fit 6:10-7 Open 7-8:30 Adult 8:30-9:30	23 Fitness 6-8:45, 12-1, 6-7 Adult 'n' Tot 9-1, 6-7 AQ 10-10:50, 8:40-9:30 Senior 11-12 L.I AQ 2:30-3:30 AQ for Arthritis 5-6 Open 7-8:30	24 Fitness 6-8:45, 12-1, 6-7 Adult 'n' Tot 11-1, 6-7 Senior 11-12 Open 2-4:15, 7-9	25 Bootcamp 7-7:50 Adult 'n' Tot 11-1 Aqua Fit 11-11:50 Fitness 12-1 Open 1-5:45
26 Open 1-5:45	27 Fitness 6-8:45, 12-1 Senior 2:30-3:30 AQ for Arthritis 5-6 Adult'n'Tot 6:10-7 Aqua Fit 6:10-7 Open 7-8:30 Bootcamp 8:40-9:30	28 Fitness 6-8:45, 12-1, 6-7 Adult 'n' Tot 9-1, 6-7 AQ 10-10:50 Senior 11-12 L.I. AQ 2:30-3:30 Open Swim 7-8:30 Zumba 8:40-9:30	29 Fitness 6-8:45, 12-1 Senior 2:30-3:30 Adult 'n' Tot 6:10-7 Deep H ₂ O Aqua fit 6:10-7 Open 7-8:30 Adult 8:30-9:30	30 Fitness 6-8:45, 12-1, 6-7 Adult 'n' Tot 9-1, 6-7 AQ 10-10:50, 8:40-9:30 Senior 11-12 L.I AQ 2:30-3:30 AQ for Arthritis 5-6 Open 7-8:30	31 Fitness 6-8:45, 12-1, 6-7 Adult 'n' Tot 11-1, 6-7 Senior 11-12 Open 2-4:15, 7-9	Please Note any changes/ additions to the schedule in bold print