

Advanced Aquatic Courses 2017

Bronze Medallion/Bronze Cross:

February 21-25, 2017

Monday-Friday, 8AM-4PM

Saturday, 8AM-1PM

National Lifeguard:

April 7, 8, 9 & 28, 29, 30

Fridays: 4-9PM

Saturday Sunday (8, 9, 29): 8AM-4:30PM

Last Sunday of course (30): 8AM-2PM

Water Safety Instructor:

Introduction and Skills Evaluation:

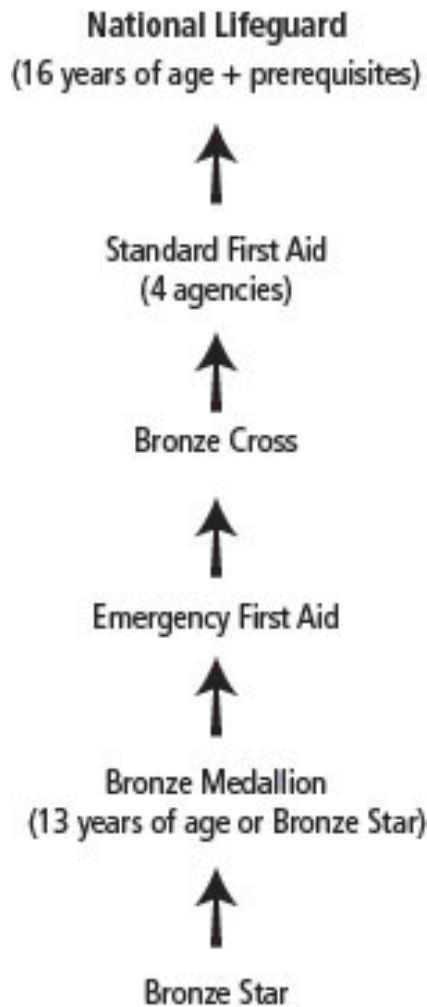
March 18th, 8:30AM-12:30PM

Teaching hours during spring session (last week in March- first week in June).

Classroom/Pool Session: June 16th, 5-9:30 PM, 17th & 18th, 8:00 AM – 4:30 PM

How to Become a Lifeguard

National Lifeguards are highly skilled and trained individuals. To become a lifeguard you must be 16 years of age and have Bronze Cross and Standard First Aid certifications. See the chart below for the progression.



Red Cross Water Safety Instructor

The Water Safety Instructor (WSI) Course prepares candidates to instruct the Red Cross Swim programs. Candidates focus on strategies to introduce and develop fitness activities, skills and water safety, and swimming skills in the Red Cross Swim Preschool, Red Cross Swim Kids, Red Cross Swim @ School, Red Cross Swim @ Camp, Red Cross Swim for Adults & Teens, and Red Cross Swim Adapted programs.

Pre-course Requirements

15 years or older by the last day of the WSI - Classroom and Pool, ability to perform Red Cross Swim Kids 10 strokes and skills, and hold one of the following certifications (not required to be current): Red Cross Assistant Lifeguard, Emergency First Aid or equivalent (Bronze Cross certification is the required prerequisite in Quebec).

